

1 Anticipate problems

Don't wait until you're failing to take action. If you notice a topic is difficult for you, seek help immediately.



2

Organise your time

Plan your studies, assignments and exams in advance. Use a planner or calendar to avoid delays and distribute your workload effectively.



STOP FAILING!

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@proactividad_10

3 Participate and ask questions in class

Make the most of every class to resolve doubts and strengthen your understanding. Being active shows interest and helps you retain information better.



Comment "proactive" if it works for you!

4 Maintain consistent study habits

Study a little each day instead of leaving everything until the last minute. Consistency allows you to understand better and reduce stress before exams.

